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Mental Health Resources

in the greater washington area

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FOREWORD

The 1973 edition of the directory of Mental Health Resources in the Greater Washington Area has been prepared by Public Inquiries Section, Office of Communications, National Institute of Mental Health. Orginally designed for use within NIMH, the directory is now distributed to groups and individuals outside the agency who have indicated a need for such a listing.

The Washington area has been divided into four districts: District of Columbia, Montgomery and Prince Georges Counties, and Virginia. The State Mental Health Authority and Mental Health Associations are listed for each district. The resources of each district are then listed in the order of area served, from those without any restrictions or residence requirements to those limited to the immediate neighborhood.

Such an arrangement will help locate all of the resources available as quickly as possible. Thus a call for help for an emotionally disturbed child residing in Prince Georges County can be referred to the resources listed under Prince Georges County Children and also to the resources in the other districts that have no residence restriction or that accept children from the entire metropolitan area.

For ready reference, special sections list emergency, information and referral, after care, alcoholism, and miscellaneous services. Information on drug abuse help and facilities can be obtained from the National Clearinghouse for Drug Abuse Information, National Institute of Mental Health, 5600 Fishers Lane, Rockville, Maryland 20852; telephone: 301, 443-4443.

Dorothy B. Waleski
Public Inquiries Section
Office of Communications
National Institute of Mental Health

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EMERGENCY SERVICES
GREATER WASHINGTON METROPOLITAN AREA

District of Columbia:

Mental Health Consultation Service and Suicide Prevention 801 North Capitol Street Washington 20001 202, 629-5222	24-hour service No residence restriction; no fee; information and referral.
Neurotics Anonymous International Liaison, Inc. Colorado Building, Room 426 1341 G Street, N.W. Washington 20005 202, 628-4379	24-hour service No residence restriction; no fee; emergency services.
Lutheran Social Services of the National Capitol Area, Inc. 2635-16th Street, N.W. Washington 20009 202, 232-6373	8:30 a.m. - 4:30 p.m. No residence restriction; sliding scale; emergency services.
American University Hot Line 202, 966-5911	12 noon - 4 a.m.
Birthright 2800 Otis Street, N.E. Washington 20018 202, 526-3333	9:30 a.m. - 9:30 p.m. Hot line counseling, information and referral.
Rapid Rescue George Washington University 202, 676-7221	10 a.m. - 2 a.m. Hot line services.
Georgetown University Hot Line Post Office Box 1670 Washington 20007 202, 625-4194	5 p.m. - 1 a.m., Mon-Thurs.; 5 p.m. - 3 a.m., Fri.; 9 a.m. - 3 a.m., Sat. & Sun. Georgetown University students.
Washington Area Crisis Center 202, 333-RAPE	7:30 a.m. - 12 midnight
Emergency Service Center 2451-18th Street, N.W. Washington 20009 202, 629-7300 or 626-2569	9 a.m. - 12 midnight Third Police District, Northwest Washington; counseling and referral.

Maryland:

Henry Phipps Psychiatric Institute Johns Hopkins Hospital 601 North Broadway Baltimore 21205 301, 955-5790	24-hour service No residence restriction; sliding scale; emergency service.
Bowie Hot Line Post Office Box 535 Bowie 20715 301, 262-AIDE	4 p.m. - 12 midnight No residence restriction; crisis intervention center manned by volunteers; listening and referral services.
Division of Adult Ambulatory Care University Hospital University of Maryland 645 West Redwood Street Baltimore 21201 301, 528-6660	24-hour service Maryland residents; sliding scale; walk-in facility.
Help Unincorporated 301, 585-HELP	24-hour service Greater Silver Spring area; primarily help in emergency situations for those unable to pay; provides transportation, food, information, and referral.
Hot Line for Youth 301, 949-6603	24-hour answering service Montgomery County youths; information and referral.
Somebody Cares St. Luke Lutheran Church Silver Spring 301, 588-5440	8 p.m. - 1 a.m., extended hours on weekends Crisis intervention for teenagers.
Rockville Free Clinic 207 Maryland Avenue Rockville 20850 301, 424-8341	7 - 11 p.m., Mon., Tues., & Weds. Walk-in clinic.
Gaithersburg HELP 301, 762-1144	24-hour service Gaithersburg residents; crisis intervention.
University of Maryland Hot Line 301, 454-HELP	24-hour service

Mental Health Hot Line 301, 864-7271	24-hour service Prince Georges County residents; information and referral, crisis intervention and listening services.
Hot Line for Deaf Prince Georges County Mental Health Association 301, 864-4488	24-hour service
Call Beltsville 301, 434-4737	24-hour service Beltsville residents; hot line services.

Virginia:

Northern Virginia Hot Line 703, 527-4077	24-hour service Telephone counseling service and referrals.
Youth Hot Line Alexandria 703, 548-3810	24-hour service Volunteers with professional training; counseling and referral.
FISH (For Immediate Sympathetic Help) 703, 522-8600	24-hour service Sponsored by Northern Virginia churches; offers many emergency services, including child care, transportation, housework for the sick.
Headway Hot Line 703, OX2-2100	24-hour service Military District of Washington.

(See also community mental health centers listed for each area)

INFORMATION AND REFERRAL
GREATER WASHINGTON METROPOLITAN AREA

District of Columbia Association for Mental Health, Inc. 3000 Connecticut Avenue, N.W. Washington 20008 202, 462-1122	9 a.m. - 5 p.m.
Day Care and Child Development Council of America 1401 K Street, N.W., Suite 1100 Washington 20005 202, 638-2316	9 a.m. - 5 p.m. No residence restriction; non-profit child advocate organization; information and referral.
Health and Welfare Council of the National Capitol Area HWC Information and Referral Service 95 M Street, S.W. Washington 20024 202, 488-2077	9 a.m. - 5 p.m. Metropolitan area; no fee.
D.C. Department of Human Resources Information and Referral Center 919-12th Street, N.W. Washington 20005 202, 629-3776	8:15 a.m. - 4:45 p.m. Metropolitan area; no fee.
Washington Psychoanalytic Society, Inc. 4925 MacArthur Boulevard, N.W. Washington 20007 202, 338-5453	9 a.m. - 5 p.m. Metropolitan area; no fee.
Information Center for Handicapped Children 1619 M Street, N.W. Washington 20036 202, 347-4986	9 a.m. - 5 p.m.
Mental Health Association of Montgomery County, Inc. 11141 Georgia Avenue Wheaton 20902 301, 949-1255	9 a.m. - 4:30 p.m. Montgomery County residents; Information on all mental health professionals in Montgomery County.
Topic House 494 St. Barnabas Road Temple Hills 20023 301, 894-5169 or 9724	10 a.m. - 10 p.m. No residence restriction; no fee; walk-in information and referral service.

Prince Georges County Mental Health Association 5611 Landover Road Hyattsville 20784 301, 277-4675	9 a.m. - 4 p.m. Prince Georges County residents.
The Council for Exceptional Children Information Center Jefferson Plaza, Suite 900 1411 South Jefferson Davis Highway Arlington 22202 703, 521-8820	8 a.m. - 5 p.m. No residence restriction; An educational resources information center.
Northern Virginia Mental Health Association 3260 Wilson Boulevard, Suite 23 Arlington 22201 703, 524-3352	9 a.m. - 5 p.m. Arlington, Fairfax, Loudoun and Prince William Counties; Cities of Fairfax and Falls Church.
Alexandria Mental Health Associaition Doniphan Building 101 North Columbus Street Alexandria 22314 703, 548-0010	9 a.m. - 5 p.m. Alexandria residents.

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DISTRICT OF COLUMBIA

State Mental Health Authority:

Dr. Jefferson R. McAltine, Acting Administrator
Mental Health Administration
Department of Human Resources
Room 824, 1875 Connecticut Avenue, N.W.
Washington 20009
202, 629-3447

8:15 a.m. - 4:45 p.m.

District of Columbia Association
for Mental Health
3000 Connecticut Avenue, N.W.
Washington 20008
202, 462-1122

9 a.m. - 5 p.m.
Information and referral; mental health education.

Anchor Mental Health Association
1725 Rhode Island Avenue, N.W.
Washington 20036
202, 347-1295

8:30 a.m. - 5 p.m.
No residence restriction; Anchor House, Social-Recreation Center, Vocational Adjustment Clinic.

ADULTS

Outpatient Psychiatric Clinic
George Washington University
Medical Center
2150 Pennsylvania Avenue, N.W.
Washington 20037
202, 331-6741

9 a.m. - 5 p.m.
No residence restriction; sliding scale; diagnostic evaluation and treatment (individual, group, and family therapy); 33-bed inpatient facility; fees; 901-23rd Street, N.W., 202, 331-6441.

Group Therapy Center
2201 M Street, N.W.
Washington 20037
202, 466-2255

7 a.m. - 10 p.m., Mon. through Sat.
No residence restriction; fees with consideration to income; intensive individual and group psychotherapy; mental health information and training.

Department of Psychiatry
The Morris Cafritz Memorial Hospital
1310 Southern Avenue, S.E.
Washington 20032
202, 574-6717

No residence restriction; fees; general hospital with a psychiatric, short-term, 30-day unit; day care for former patients.

Psychiatric Institute of Washington 2141 K Street, N.W. Washington 20037 202, 467-4600	24-hour service No residence restriction; fees; private psychiatric hospital and treatment center; diagnostic evaluation; individual, group, and family therapy.
Pastoral Counseling and Consultation Center of Greater Washington Executive Office, Suite 408 3000 Connecticut Avenue, N.W. Washington 20008 202, 234-8081	9 a.m. - 5 p.m. No residence restriction; sliding scale; depth counseling, individual and group consultation; referral where indicated.
Psychiatry Department Freedmens Hospital 6th and Bryant Streets, N.W. Washington 20001 202, 483-1500	7:30 a.m. - 4 p.m. No residence restriction; fees; diagnostic evaluation; group and individual therapy.
Lutheran Social Services of the National Capitol Area, Inc. 2635-16th Street, N.W. Washington 20009 202, 232-6373	8:30 a.m. - 4:30 p.m. No residence restriction; sliding scale; adoptions, single parent services, emergency services, individual and group counseling, family life education, and human resources services.
D.C. Institute of Mental Hygiene 3000 Connecticut Avenue, N.W., Suite 436 Washington 20008 202, 232-5454	9 a.m. - 6 p.m. No residence restriction; sliding scale; individual and group psychotherapy and evaluation, and medication clinic.
New School of Psychotherapy Clinical Center 4600 Connecticut Avenue, N.W., Suite 224 Washington 20008 202, 966-8100	Hours by appointment No residence restriction; sliding scale; group therapy, encounter groups, marathons, smoking therapy, psychodrama for youths and adults, and individual psychotherapy, clinical hypnotherapy.
Neurotic Anonymous International Liaison, Inc. Colorado Building, Room 426 1341 G Street, N.W. Washington 20005 202, 628-4379	24-hour answering service 10 a.m. - 6 p.m., office No residence restriction; no fee; self-help for the emotionally ill.

The Washington Free Clinic 1556 Wisconsin Avenue, N.W. Washington 20001 202, 965-5476	6:30 - 7 p.m. No residence restriction; no fee; medical and psychiatric services; birth control and legal counseling.
Metropolitan Counseling Services Davis Building, fifth floor 1629 K Street, N.W. 202, 296-5236 8313 Beech Tree Road Bethesda 20014	Hours by appointment No residence restriction; sliding scale; individual, family and marriage counseling; diagnostic evaluation, child rearing and couples discussion groups.
Hillcrest Children's Center 1325 W Street, N.W. Washington 20009 202, 265-2400	8:30 a.m. - 5 p.m., 8 p.m. Tues. Metropolitan Washington; sliding scale; adolescents and young adults, 13-24 years; diagnosis and treatment.
Washington Psychoanalytic Society, Inc. 4925 MacArthur Boulevard, N.W. Washington 20007 202, 338-5453	9 a.m. - 5 p.m. Metropolitan area; low cost fee; information and referral with mental health specialist for consultation.
Health and Welfare Council of the National Capitol Area HWC Information and Referral Service 95 M Street, S.W. Washington 20024 202, 488-2077	9 a.m. - 5 p.m. Metropolitan area; no fee.
D.C. Department of Human Resources Information and Referral Center 919-12th Street, N.W. Washington 20005 202, 629-3776	8:15 a.m. - 4:45 p.m. Metropolitan area; no fee.
Forensic Psychiatry Office 801 North Capitol Street, N.E. Washington 20002 202, 629-4373	8:15 a.m. - 4:45 p.m. Metropolitan area; accepts only referrals from courts and correctional agencies; diagnostic and rehabilitation services.

Adult Outpatient Psychiatric Services
Georgetown University Hospital
3800 Reservoir Road, N.W.
Washington 20007
202, 625-7351

9 a.m. - 4:30 p.m.
Area A and Metropolitan suburbs; sliding scale; over 16; walk-in clinic, individual, group, and family therapy, crisis intervention, drug followup clinic.

D.C. Mental Health Administration
Community Mental Health Centers

8:15 a.m. - 4:45 p.m.
D.C. residents; sliding scale; all outpatient services. Call 629-3447 to learn where eligible.

Area A
3246 P Street, N.W.
Washington 20007
202, 333-2653

Area B
1125 Spring Road, N.W.
Washington 20010
202, 629-4027

Area B Adult and Day Treatment Center
and Change, Inc.
3308 14th Street, N.W.
Washington 20010
202, 629-4913

Area C
1905 E Street, S.E.
Washington 20003
202, 626-5363

Congress Heights Health Center
8th and Xenia Streets, S.E.
Washington 20032
202, 563-1100

Anacostia Neighborhood Health Center
1328 W Street, S.E.
Washington 20020
202, 889-1070

Area D Community Mental Health Center
Saint Elizabeths Hospital
2700 Martin Luther King, Jr. Avenue, S.E.
Washington 20032
202, 562-6500

Catholic Charities, Archdiocese of Washington
2800 Otis Street, N.E.
Washington 20018
202, 526-4100

9 a.m. - 4:45 p.m.
Families and children of Catholic heritage; sliding scale; complete social service program.

Superior Court of the District of Columbia
Social Services Division
Intrafamily and Neglect Branch
613 G Street, N.W.
Washington 20001
202, 727-1932

8:30 a.m. - 5 p.m.
D.C. residents on complaints of family neglect and abuse; no fee; all social services including marriage and family counseling.

Washington Area Crisis Center
202, 333-RAPE

7:30 a.m. - 12 midnight

Headway, Military District of Washington
Building 59, North Post
Fort Meyer, Virginia
OX2-2254 or 2285
Hot Line
OX2-2100

Military District of Washington, DOD active, retired, and dependents; community counseling center.

CHILDREN

Information Center for Handicapped Children
1619 M Street, N.W.
Washington 20036
202, 347-4986

9 a.m. - 5 p.m.
No residence restriction; no fee; demonstration project funded by Office of Education; information, referral, and follow-up service for handicapped children and young adults.

Hillcrest Children's Center
Children's Hospital
1325 W Street, N.W.
Washington 20009
202, 265-2400

8:30 a.m. - 5 p.m., 8 p.m. Tues.
No residence restriction; sliding scale; residential treatment center, boys, ages 6-12; day school and outpatient services, ages 2-13; diagnostic evaluation, treatment, individual, group, and family therapy, art therapy.

Groome Child Guidance Center
Hayes Hall
Sibley Memorial Hospital
5255 Loughboro Road, N.W.
Washington 20016

9 a.m. - 5 p.m.
No residence restriction; sliding scale; crisis intervention, individual child, adult, and family evaluation,

202, 362-7646 Groome School 3401 Nebraska Avenue, N.W. Washington 20016 202, 362-7646	counseling and therapy. Training for professionals. No residence restriction; fees; children between ages 7-15 considered. Special education and treatment center for children who have emotional problems, learning disabilities, or neurological impairment; behavior modification techniques and family therapy sessions; academic instruction is individually prescribed to meet child's specific needs.
The Hospital for Sick Children 1731 Bunker Hill Road, N.E. Washington 20017 202, 832-4400	No residence restriction; fees; residential diagnostic evaluation and treatment center for children from infancy to 16 years.
Children and Family Institute The Pastoral Counseling and Consultation Centers of Greater Washington Executive Office, Suite 408 3000 Connecticut Avenue, N.W. Washington 20008 202, 234-8081	9 a.m. - 5 p.m. No residence restriction; sliding scale; diagnostic evaluation, marriage counseling, individual and group therapy.
School Orthopsychiatric Services 3000 Connecticut Avenue, N.W. Washington 20008 202, 462-4300	Mon. through Fri. by appointment; No residence restriction; fees; treatment of children and young adults; therapy groups for adolescents and adults.
Day Care and Child Development Council of America 1401 K Street, N.W., Suite 1100 Washington 20005 202, 638-2316	9 a.m. - 5 p.m. No residence restriction; nonprofit child advocate organization; information and referral, day care counseling.
The Washington Free Clinic 1556 Wisconsin Avenue, N.W. Washington 20001 202, 965-5476	6:30 - 7 p.m. No residence restriction; no fee; medical and psychiatric services; birth control and legal counseling.

Episcopal Center for Children 5901 Utah Avenue, N.W. Washington 20015 202, 363-1333	Metropolitan area and St. Mary's and Charles Counties, Maryland, Northern Virginia; sliding scale; boys, ages 6-9; residential care; therapeutic living experience, individual, group, and family therapy; day program for inner city children referred by schools, no fee.
Children's Psychiatric Services Georgetown University Medical Center 3800 Reservoir Road, N.W. Washington 20007 202, 625-7351	9 a.m. - 5 p.m. Area A and metropolitan area; sliding scale; children up to 18 years; diagnostic evaluation and treatment.
D.C. Mental Health Administration Community Mental Health Centers	8:15 a.m. - 4:45 p.m. D.C. residents; sliding scale; all outpatient services; call 629-3447 to learn where eligible.
Area A 3246 P Street, N.W. Washington 20007 202, 333-2653	
Area B 1125 Spring Road, N.W. Washington 20011 202, 629-4027	
Area C 1905 E Street, S.E. Washington 20003 202, 626-5363	
Congress Heights Health Center 8th and Xenia Streets, S.E. Washington 20032 202, 563-1100	
Anacostia Neighborhood Health Center 1328 W Street, S.E. Washington 20002 202, 889-1070	
Area D Community Mental Health Center Saint Elizabeths Hospital 2700 Martin Luther King, Jr. Avenue, S.E. Washington 20032	

Catholic Charities, Archdiocese of Washington 2800 Otis Street, N.E. Washington 20018 202, 526-4100	9 a.m. - 4:45 p.m. Families and children of Catholic heritage; sliding scale; complete social service program.
American University Hot Line 202, 966-5911	12 noon - 4 a.m.
Birthright 2800 Otis Street, N.E. Washington 20018 202, 526-3333	9:30 a.m. - 9:30 p.m. Hot Line counseling, information and referral.
Rapid Rescue George Washington University 202, 676-7221	10 a.m. - 2 a.m. Hot Line counseling and referrals.
Georgetown University Hot Line Post Office Box 1670 Washington 20007 202, 625-4194	5 p.m. - 1 a.m.; 3 a.m., Fri.; 9 a.m. - 3 a.m. Sat. & Sun. Georgetown University students.
Emergency Service Center 2451-18th Street, N.W. Washington 20009 202, 629-7300 or 626-2569	9 a.m. - 12 midnight Third Police District and Northwest Washington; counseling and referral.

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State Mental Health Authority:
Dr. Bertram W. Pepper, Commissioner of Mental Hygiene
State Department of Mental Hygiene
301 West Preston Street
Baltimore 21201
301, 383-2714

Maryland Association for Mental Health
325 East 25th Street
Baltimore 21218
301, 235-1178

Mental Health Association of Montgomery County, Inc. 11141 Georgia Avenue Wheaton 20902 301, 949-1255	9 a.m. - 4:30 p.m. Montgomery County residents; information and referral service; research, community education, speakers bureau.

ADULTS

Psychiatric Outpatient Department Sheppard and Enoch Pratt Hospital 6501 North Charles Street Towson 21204 301, 823-8200	8:30 a.m. - 5 p.m. No residence restriction; fees; by appointment only.
Henry Phipps Psychiatric Institute Johns Hopkins Hospital 601 North Broadway Baltimore 21205 301, 955-5790	24-hour service No residence restriction; sliding scale; inpatient, outpatient, and emergency services.
The Seaton Psychiatric Institute 6400 Wabash Avenue Baltimore 21215 301, 764-2200	No residence restriction; fees; hospital for care of patients suffering from mental and emotional illnesses, inpatient psychiatric care.
Silver Spring-Takoma Park Community Mental Health Center Washington Adventist Hospital 7600 Carroll Avenue Takoma Park 20012 301, 891-7295	No residence restriction; fees; must be under constant care of psychiatrist; general hospital with inpatient services, day care program, partial hospitalization, and outpatient services.

Chestnut Lodge, Inc. 500 West Montgomery Avenue Rockville 20850 301, 424-8300	No residence restriction; fees; residential, ages 17 and over, referred by physicians, hospital, or direct personal inquiry; private psychiatric diagnosis and treatment.
Montgomery General Hospital Olney 20832 301, 774-7800	No residence restriction; sliding scale; intensive and short term care; psychistrists and other physicians on medical staff may admit patients with primary psychiatric disorders.
Consultation and Guidance Center, Inc. 1105 D Spring Street, Suite 203 Silver Spring 20910 301, 585-7777	9 a.m. - 10 p.m. No residence restriction; fees vary according to service; private clinic with community comprehensive approach to mental and emotional problems; individual and group therapy, family therapy and marriage counseling, psychological evaluation.
White Oak Psychological Center Eldorado Towers 11235 Oak Leaf Drive Silver Spring 20901 301, 593-3100	8 a.m. - 9 p.m. No residence restriction; sliding scale; diagnostic evaluation, individual, group, and family therapy, sensitivity training, and supervisory programs for professionals.
Psychiatric Institute of Washington Montgomery County Division 10605 Concord Street, Suite 203 Kensington 20795 301, 467-4550	8:30 a.m. - 6 p.m. No residence restriction; fees ages 13-18; diagnostic evaluation, outpatient services, day care center and developmental school.
Community Psychiatric Clinic, Inc. 4803 Hampden Lane Bethesda 20014 301, 656-5220	9 a.m. - 5 p.m. No residence restriction; sliding scale; no age limit; private clinic offering all outpatient services.
Associates in Training and Therapy Cordell Building, Third Floor, West Wing 4715 Cordell Avenue Bethesda 20014 301, 657-4485; 703, 759-2582	No residence restriction; fees based on services provided; diagnostic evaluation, individual, group, and family therapy for children, adolescents, and adults; consultation to physicians, mental

	health professionals, and community agencies; inpatient care at local hospital under staff psychiatrist; leadership and human relations training.
Potomac Foundation for Mental Health 5413 Cedar Lane Bethesda 20014 301, 530-5600	8:30 a.m. - 5 p.m. No residence restriction; fees; private day treatment center; no residential facilities.
Jewish Social Service 6123 Montrose Road Rockville 20852 301, 881-3700	9 a.m. - 5 p.m., 9 p.m. Thurs. No residence restriction; sliding scale; no age limit; multifunction family agency.
Division of Adult Ambulatory Care University Hospital, University of Maryland 645 West Redwood Street Baltimore 21201 301, 528-6660	24-hour service Maryland residents; sliding scale; walk-in facility, open clinic, brief therapy clinic offering individual, group, and family therapy.
Springfield State Hospital Sykesville 21784 301, 795-2100	Montgomery County residents; sliding scale; tax-supported State mental hospital.
Montgomery County Health Department Division of Mental Health Services	
Centralized Mental Health Services 12701 Twinbrook Parkway Rockville 20852 301, 279-1671	8:30 a.m. - 5 p.m. Montgomery County residents; sliding scale; all outpatient services.
Community Mental Health Field Services	
Bethesda Health Center 4848 Cordell Avenue Bethesda 20014 301, 654-7465	
Gaithersburg Health Center 542 North Frederick Avenue Gaithersburg 20760 301, 926-6000	
Northeast Health Center 1912 Olney-Sandy Spring Road Sandy Spring 20860 301, 774-9277	

Poolesville Health Center
Poolesville 20837
301, 349-2801

Rockinghorse Health Center
4905 Macon Road
Rockville 20853
301, 942-7756

Rockland Health Center
2208 Rockland Avenue
Rockville 20851
301, 279-1623

Silver Spring Health Center
8500 Colesville Road
Silver Spring 20910
301, 587-2200

Bache Memorial Bethesda Free Clinic
St. John's Episcopal Church
6701 Wisconsin Avenue
Bethesda 20014
301, 656-3222

7 p.m. - 10 p.m., Sun., Tues., & Thurs.
psychiatric counseling, medical diagnosis and treatment, drug problems.

Help Unincorporated
301, 585-HELP

24-hour service
Greater Silver Spring Area; primarily help in emergency situations for those unable to pay; provides transportation, food, information and referral.

University of Maryland Hot Line
454-HELP

24-hour service

Rockville Free Clinic
207 Maryland Avenue
Rockville 20850
301, 424-8341

7 - 11 p.m., Mon., Tues., & Weds.; clinic, 9 a.m. - 5 p.m.
walk-in clinic, individual and family counseling.

CHILDREN

The Sheppard-Pratt Guidance Clinic
and Forbush Children's Center
6501 North Charles Street
Towson 21204
301, 823-8200

8:30 a.m. - 5 p.m.
No residence restriction; fees; day school for emotionally disturbed children, ages 5-10.
Outpatient clinic, sliding scale, ages 2 1/2 - 15 1/2.

Henry Phipps Psychiatric Institute Johns Hopkins Hospital 601 North Broadway Baltimore 21205 301, 955-5790	9 a.m. - 5 p.m. No residence restriction; sliding scale; all outpatient services.
Child Psychiatry Institute of Psychiatry and Human Behavior University Hospital, University of Maryland 645 West Redwood Street Baltimore 21201 301, 528-6391	8:30 a.m. - 4:30 p.m. No residence restriction; sliding scale; ages up to 16; outpatient services, evaluation, and long term treatment.
Baltimore-Washington Institutes for the Achievement of Human Potenital 400 East Coldspring Lane Baltimore 21212 301, 744-6032	Open by appointment No residence restriction; any child or adult having a learning disability, reading problem, or brain injury; fees with consideration given to those who cannot pay; diagnostic evaluation and treatment.
Woodbourne Center, Inc. 1301 Woodbourne Avenue Baltimore 21239 301, 433-1000	No residence restriction; sliding scale; boys and girls, ages 9 - 14; a coeducational treatment center for emotionally disturbed children, providing residential care; special education; individual, group, and milieu therapy; family counseling and aftercare service.
Agnes Bruce Greig School 3100 Military Road, N.W. Washington 20015 301, 686-0292	No residence restriction; sliding scale; day school for children, ages 5-15, with above average intelligence experiencing learning difficulties; parent counseling; Greig II: special division for gifted children without problems.
Consultation Guidance Center, Inc. 1105 D Spring Street, Suite 203 Silver Spring 20910 301, 585-7777	9 a.m. - 10 p.m. No residence restriction; fees vary according to services; private clinic, community comprehensive approach to mental and emotional problems; individual and group therapy for adolescents, play therapy for younger children, family therapy.

White Oak Psychological Center Eldorado Towers 11235 Oak Leaf Drive Silver Spring 20901 301, 593-3100	8 a.m. - 9 p.m. No residence restriction; sliding scale; diagnostic evaluation, individual, group, and family therapy.
Community Psychiatric Clinic, Inc. 4802 Hampden Lane Bethesda 20014 301, 656-5220	9 a.m. - 5 p.m. No residence restriction; sliding scale; no age limit; private clinic offering all outpatient services.
Jewish Social Service 6123 Montrose Road Rockville 20852 301, 881-3700	9 a.m. - 9 p.m. No residence restriction; sliding scale; no age limit; multi-function family agency.
Potomac Foundation for Mental Health 5413 West Cedar Lane Bethesda 20014 301, 530-6333	8:30 a.m. - 4:30 p.m. No residence restriction; fees; day treatment center, diagnostic and outpatient treatment for children and adolescents.
Christ Church Child Center 8011 Old Georgetown Road Bethesda 20014 301, 652-3922	9:15 a.m. - 2:15 p.m. No residence restriction; fees; with State and County aid and scholarships available; children ages 4-10, with learning problems due to neurological impairments or emotional problems; diagnostic educational setting for children with special learning problems.
Association of Childhood Learning Disabilities Montgomery County Chapter 301, 949-1195	
Christ Child Institute for Children Edson Lane Rockville 20852 301, 770-6600	9 a.m. - 5 p.m. Metropolitan Washington and other areas within traveling distance; sliding scale; residential and day care, boys ages 4 1/2 - 8 1/2, girls, 5 - 10 1/2; individual, group, and family therapy.
Regional Institute for Children Maryland State Department of Mental Hygiene Owings Mill 21117 301, 363-0300	Maryland residents; sliding scale; residential facility, psychiatric inpatient treatment for emotionally disturbed children, ages 5 to 12.

School for Contemporary Education 3604 Chatham Road Ellicott City 21043 301, 465-7189	Maryland residents; fees; day care for children of school age, miltiple-handicapped, autistic, emotionally disturbed, brain damaged, specific learning defects, controlled epilepsy; diagnosis, treatment, and education.
Linwood Children's Center Church Road Ellicott City 21043 301, 465-1352	10 a.m. - 5 p.m. Residents within commuting distance; fees; ages 2-6; seriously emotionally disturbed children, including autistic; residential and day care; individual, group, and family therapy and education.
Child Mental Health Services Division of Mental Health Montgomery County Health Department 12701 Twinbrook Parkway Rockville 20852 301, 279-1671	8:30 a.m. - 5 p.m. Montgomery County residents; sliding scale; infancy to 18 years; diagnosis, consultation, individual, group, and family therapy, remedial education.
Boy's Home for Montgomery County 3514 Plyers Mill Road Kensington 20795 301, 949-1170	8:30 a.m. - 5:30 p.m. Montgomery County residents; resident group home for delinquent youth, girls and boys referred by juvenile court or Department of Social Services; cost of care contracted with County or State governments; sheltered care home for short-term emergency care.
Protective Service for Neglected Children Montgomery County Department of Social Services 5630 Fishers Lane Rockville 20852 301, 279-1758	8:30 a.m. - 5 p.m. Montgomery County residents; receipt and evaluation of any report of neglect and abuse of children; if neglect exists, help is given parents; home and office visits; referral for treatment.
Hot Line for Youth 301, 949-6603	24-hour telephone answering service for Montgomery County youths seeking counseling; information and referral; service funded by grant from the State Department of Mental Hygiene.
Somebody Cares St. Luke Lutheran Church Silver Spring 301, 588-5440	8 p.m. - 1 a.m. Extended hours on weekends Crisis intervention for teenagers.
University of Maryland Hot Line 301, 454-HELP	24-hour service

Gaithersburg HELP 301, 762-1144	24-hour service crisis intervention for Gaithersburg residents.
Rockville Free Clinic 207 Maryland Avenue Rockville 20850 301, 424-8341	7 - 11 p.m., Mon., Tues., Weds. walk-in clinic.

508-364 O - 73 - 4

PRINCE GEORGES COUNTY

State Mental Health Authority:
Dr. Bertram W. Pepper, Commissioner of Mental Hygiene
State Department of Mental Hygiene
301 West Preston Street
Baltimore 21201
301, 383-2714

Maryland Association for Mental Health
325 East 25th Street
Baltimore 21218
301, 235-1178

Prince Georges County Mental Health Association 5611 Landover Road Hyattsville 20784 301, 277-4675	9 a.m. - 4 p.m. Information and referral, speakers bureau, volunteer education and social action program.

ADULTS

Psychiatric Outpatient Department Sheppard and Enoch Pratt Hospital 6501 North Charles Street Towson 21205 301, 823-8200	8:30 a.m. - 5 p.m. No residence restriction; fees; by appointment only.
Henry Phipps Psychiatric Institute Johns Hopkins Hospital 601 North Broadway Baltimore 21205 301, 955-5790	24-hour service No residence restriction; sliding scale; inpatient, outpatient, and emergency service.
The Seaton Psychiatric Institute 6400 Wabash Avenue Baltimore 21215 301, 764-2200	No residence restriction; fees; hospital for care of patients suffering from mental and emotional illnesses; inpatient psychiatric care.
Behavior Service Consultants, Inc. Post Office Box 186 Greenbelt 20770 301, 474-2147	By appointment only No residence restriction; fees; private and group treatment, behavior management approach.
Division of Adult Ambulatory Care Institute of Psychiatry and Human Behavior University Hospital, University of Maryland 645 Redwood Street Baltimore 21201 301, 528-6660	24-hour service Maryland residents; sliding scale; walk-in facility, open clinic, brief therapy clinic offering individual, group, and family therapy.

Spring Grove State Hospital
Wade Avenue
Catonsville 21228
301, 747-4400

Prince Georges County residents; tax-supported State mental hospital; residential; outpatient clinic for former and prospective patients.

Prince Georges County Community Mental Health Centers
Prince Georges Health Department
Hospital Road
Cheverly 20785
301, 773-1400, x 324

8:30 a.m. - 4:30 p.m.
Prince Georges County residents; sliding scale; all outpatient services of a community mental health center.

Adult Psychiatric Day Center
6715 Kenilworth Avenue
Riverdale 20840
301, 864-5420

Laurel Community Mental Health Center
217 Main Street
Laurel 20810
301, 498-7500

Southern Health District
5620 St. Barnabas Road
Oxon Hill 20021
301, 894-5900

Family Psychiatric Clinic
Family Service of Prince Georges County
Barnabas Office Building, Suite 403
4410 Stamp Road
Marlow Heights 20031
301, 423-1600

9 a.m. - 9 p.m. by appointment
Prince Georges County residents; sliding scale; individual, group, and family therapy; marriage counseling.

Mental Health Hot Line
301, 864-7271

24-hour service
Prince Georges County residents; information and referral, crisis intervention and listening services.

Hot Line for the Deaf
Prince Georges County Mental Health Association
301, 864-4488

24-hour service

CHILDREN

The Sheppard-Pratt Guidance Clinic and Forbush Children's Center
6501 North Charles Street
Towson 21204
301, 823-8200

8:30 a.m. - 5 p.m.
No residence restriction; fees; day school for emotionally disturbed children, ages 5-10. Outpatient clinic, sliding scale, ages, 2 1/2 - 15 1/2.

Henry Phipps Psychiatric Institute Johns Hopkins Hospital 601 North Broadway Baltimore 21205 301, 955-5790	9 a.m. - 5 p.m. No residence restriction; sliding scale; all outpatient services.
Baltimore-Washington Institutes for the Achievement of Human Potential 400 East Coldspring Lane Baltimore 21212 301, 744-6032	Open by appointment No residence restriction; any child or adult having a learning disability, reading problems, or brain injury; fees with consideration given to those who cannot pay; diagnostic evaluation and treatment.
Woodbourne Center, Inc. 1301 Woodbourne Avenue Baltimore 21239 301, 433-1000	No residence restriction; sliding scale; boys and girls, ages 9-14; a coeducational treatment center for emotionally disturbed children, providing residential care; special education; individual, group, and milieu therapy; family counseling and aftercare services.
Edgemeade Youth Rehabilitation Center Box 430 Upper Marlboro 20870 301, 888-1330	8:30 a.m. - 5:30 p.m. No residence restriction; fees; boys and girls, ages 8-14; residential; individual, group, and family therapy and education.
Association of Childhood Learning Disabilities Prince Georges County Chapter 301, 953-2148	
Topic House 4911 St. Barnabas Road Temple Hills 20033 301, 894-5169 or 9724	10 a.m. - 10 p.m. No residence restriction; no fee; walk-in information and referral service.
Child Psychiatry Institute of Psychiatry and Human Behavior University Hospital, University of Maryland 645 West Redwood Street Baltimore 21201 301, 528-6391	8:30 a.m. - 4:30 p.m. No residence restriction; sliding scale; outpatient services, ages up to 16; evaluation and long-term treatment.
Regional Institute for Children Maryland State Department of Mental Hygiene Owings Mill 21117 301, 363-0300	Maryland residents; sliding scale; residential facility, psychiatric inpatient treatment for emotionally disturbed children, ages 5 to 12.

School for Contemporary Education
3604 Chatham Road
Ellicott City 21043
301, 465-7189

Maryland residents; fees; day care for children of school age, multiple-handicapped, autistic, emotionally disturbed, brain damaged, specific learning defects, controlled epilepsy; diagnosis, treatment, and education.

Linwood Children's Center
Church Road
Ellicott City 21043
301, 465-1352

10 a.m. - 5 p.m.
Residents within commuting distance; fees; ages 2-12; seriously emotionally disturbed children, including autistic; residential and day care; individual, group, and family therapy and education.

Prince Georges County Community
Mental Health Centers
Prince Georges Health Department
Hospital Road
Cheverly 20785
301, 773-1400, x 324

8:30 a.m. - 4:30 p.m.
Prince Georges County residents; sliding scale; all outpatient services of a community mental health center.

Hamilton Children's Center
442 Hamilton Street
Hyattsville 20781
301, 779-0993

Laurel Community Mental Health Center
217 Main Street
Laurel 20810
301, 498-7500

Southern Health District
5620 St. Barnabas Road
Oxon Hill 20021
301, 894-5900

Transitional Group Homes Program
Family Service of Prince Georges County
4318 Hamilton Street
Hyattsville 20781
301, 277-1137

9 a.m. - 5 p.m.
Prince Georges County residents; sliding scale; ages 16-18 years returning to the community from institutions, such as mental hospitals, training schools, detention centers, etc. Placement in a group home, counseling, employment counseling, continuing education and vocational training, group recreational activities and continuous follow-up.

Mobile Community Services Seat Pleasant Community Center 601 Addison Road Seat Pleasant 20027 301, 925-8610	9 a.m. - 5 p.m., 8 p.m. Mon., Tues., Weds. Model Neighborhood and rural communities of Prince Georges County; counseling and referral.
Bowie Hot Line Post Office Box 535 Bowie 20715 301, 262-AIDE	4 - 12 midnight No residence restriction; crisis intervention center manned by teenagers, listening and referral services.
Mental Health Hot Line 301, 864-7271	24-hour service Prince Georges County residents; information and referral, crisis intervention and listening service.
Call Beltsville 301, 434-4737	24-hour service Beltsville residents; hot line service.

VIRGINIA

State Mental Health Authority:
Dr. William S. Allerton, Commissioner
State Department of Mental Health and Mental Retardation
Post Office Box 1797, 109 Governor Street
Richmond 23214
703, 770-3921

Virginia Association for Mental Health
2 North First Street
Richmond 23219
703, 643-0287

Northern Virginia Mental Health Association 3260 Wilson Boulevard, Suite 23 Arlington 22201 703, 524-3352	9 a.m. - 5 p.m. Arlington, Fairfax, Loudoun, and Prince William Counties, cities of Fairfax and Falls Church; community education; speakers bureau, social club for ex-patients, telephone reassurance program for the elderly.
Alexandria Mental Health Association Doniphan Building 101 North Columbus Street Alexandria 22314 703, 548-0010	9 a.m. - 5 p.m. Alexandria residents; information and referral, community education, speakers bureau.

ADULTS

Fairfax Hospital 3300 Gallows Road Falls Church 22046 703, 698-3591	No residence restriction; fees; ages 14 and over; inpatient service; admission by private psychiatrist only.
Nova Community Service Clinic 6869 Elm Street McLean 22101 703, 356-6667	Open by appointment No residence restriction; sliding scale; no age limit; individual, group, and family therapy, marital and parental counseling, full range evaluation and treatment, short-term crisis intervention.
The Alexandria Hospital, Inc. 709 Duke Street Alexandria 22314 703, 370-9000	Northern Virginia and metropolitan Washington; fees; all ages; inpatient services only; admission by private psychiatrist only.

Northern Virginia Mental Health Institute 3302 Gallows Road Falls Church 22046 703, 560-7700	Arlington, Fairfax, Loudoun and Prince William Counties, and cities of Alexandria and Falls Church; fees based on ability to pay; ages 14 and over; residential open-door hospital and day care program.
Western State Hospital State Department of Mental Health and Mental Retardation 301 Greenville Avenue Staunton 24401 703, 886-2345	Northwest part of the State; sliding scale; ages 16 and up; inpatient services.
Northern Virginia Psychological Center 6869 Elm Street McLean 22101 703, 356-3111	Open by appointment McLean and Northern Virginia residents; fees; no age limit; private center offers psychotherapeutic and consultative services.
Alexandria Community Mental Health Center Virginia Department of Mental Health and Mental Retardation 206 North Washington Street Alexandria 22314 703, 836-5751	8:45 a.m. - 5 p.m., 9 p.m., Mon.-Thurs., 9 a.m. - 12 noon, Sat. Alexandria residents; sliding scale; all outpatient services.
Arlington County Mental Health Center Virginia Department of Mental Health and Mental Retardation 1725 North George Mason Drive Arlington 22205 703, 558-2815	8:00 a.m. - 5 p.m., 10 p.m., Tues., 8:30 a.m. - 4:30 p.m., Sat. Arlington County residents; sliding scale; all outpatient services, day treatment center.
Fairfax-Falls Church Mental Health Center Virginia State Department of Mental Health and Mental Retardation 3340 Woodburn Road Annandale 22003 703, 532-4121	8:30 a.m. - 9:30 p.m., Mon. - Thurs., 8:30 a.m. - 5 p.m., Fri. Fairfax-Falls Church residents; sliding scale; all outpatient services.
South County Mental Health Center Virginia Department of Mental Health and Mental Retardation 7010 Calamo Street Springfield 22150 703, 451-1246	8:30 a.m. - 5 p.m., Mon., Weds., & Fri., 8:30 a.m. - 9 p.m., Tues. - Thurs. Fairfax residents south of Braddock Road; sliding scale; all outpatient services.

Prince William County Community Mental Health Center Virginia Department of Mental Health and Mental Retardation 9590 Surveyor Court Manassas 22110 703, 361-3101	9 a.m. - 5 p.m., Mon. - Fri. by appointment Prince William County residents; sliding scale; all outpatient services.
FISH (For Immediate Sympathetic Help) 703, 522-8600	24-hour service Offers many emergency services, including child care, transportation, housework for the sick; sponsored by Northern Virginia churches.
Northern Virginia Hot Line 703, 527-4077	24-hour service Telephone counseling and referral service.

CHILDREN

Fairfax Hospital 3300 Gallows Road Falls Church 22046 703, 698-3411	No residence restriction; fees; ages 14 and over; inpatient service; admission by private psychiatrist only.
National Children's Rehabilitation Center Box 1260 Leesburg 22075 703, 777-3485	No residence restriction; fees; ages 7-17; residential treatment for emotionally disturbed children who also have epilepsy.
Edgemeade of Virginia Box 130 Rocky Mount 24151 703, 721-2341	No residence restriction; fees; emotionally disturbed children, ages 14-18; residential psychiatric treatment center.
Leary School, Inc. 2849 Meadow View Road Falls Church 22042 703, 573-5400	No residence restriction; fees; private day school for boys and girls, ages 3-14, of normal intelligence with emotional problems or learning disabilities; 11-month program available.
Leary Educational Foundation 2849 Meadow View Road Falls Church 22042 703, 573-5400	No residence restriction; Non-profit organization which sponsors two facilities for boys: 1. Leary Educational Center, residential facility, boys 12-18, whose learning and/or emotional difficulties make it best for them to live away

	from home; 11 months. 2. Leary Educational Development Center, day facility, boys, 12-18, with learning disabilities and/or emotional problems.
Accotink Academy St. Thomas Episcopal Church Brook & Lewinsville Roads McLean 22101 703, 451-8041 8519 Tuttle Road Springfield 22152 2211 Whittington Boulevard Alexandria 22307	No residence restriction; fees; school for specific learning disabilities (reading, writing, and mathematical problems) aphasic, speech and language difficulties, hyperactive children, grades 1-9; accepts children of average or above intelligence with neurological problems.
Nova Community Service Clinic 6869 Elm Street McLean 22101 703, 356-6667	Open by appointment No residence restriction; sliding scale; no age limit; individual, group, and family therapy; marital and parental counseling, full range of evaluation and treatment, short-term crisis intervention.
School for Contemporary Education 1530 Chain Bridge Road McLean 22101 703, 356-2391	No residence restriction; fees; private day school for children of preschool and school age, autistic, emotionally disturbed, brain damaged, specific learning difficulties, controlled epilepsy; day school offers evaluation and diagnosis, treatment, education, prevocational and vocational training.
The Council for Exceptional Children Information Center Jefferson Plaza, Suite 900 1411 South Jefferson Davis Highway Arlington 22202 703, 521-8820	8 a.m. - 5 p.m. No residence restriction; an educational resources information center.
Virginia Treatment Center for Children Virginia Department of Mental Health and Mental Retardation Post Office Box 1 L Richmond 23201 703, 770-3129	Virginia residents; sliding scale; emotionally disturbed children, ages 6-15; residential short-term treatment.

The Alexandria Hospital, Inc. 709 Duke Street Alexandria 22134 703, 931-2000	Northern Virginia and metropolitan Washington; fees; all ages; inpatient services only.
Northern Virginia Psychological Center 6869 Elm Street McLean 22101 703, 356-3111	Open by appointment McLean and Northern Virginia residents; fees; no age limit; private center offers psychotherapeutic and consultative services.
Northern Virginia Mental Health Institute 3302 Gallows Road Falls Church 22046 703, 560-7700	Arlington, Fairfax, Loudoun and Prince William Counties, and cities of Alexandria and Falls Church; sliding scale; ages 14 and over; residential opendoor hospital and day care program.
Western State Hospital Virginia Department of Mental Health and Mental Retardation 301 Greenville Avenue Staunton 24401 703, 886-2345	Northwest part of the State; sliding scale; ages 16 and up; inpatient services.
Fairfax House 3300 Woodburn Road Annandale 22003 703, 560-6116	Voluntary referral by courts or County mental health center or private physician; sliding scale; ages 13-17; residential short-term, family-centered treatment.
Alexandria Community Mental Health Center Virginia Department of Mental Health and Mental Retardation 206 North Washington Street Alexandria 22314 703, 836-5751	9 a.m. - 5 p.m. Alexandria residents; sliding scale; all outpatient services.
Arlington County Mental Health Center Virginia Department of Mental Health and Mental Retardation 1725 North George Mason Drive Arlington 22205 703, 558-2815	8:30 a.m. - 5 p.m., 6 - 10 p.m., Tues., 6 - 8 p.m., Thurs., 8:30 a.m. - 4:30 p.m., Sat. Arlington County residents; sliding scale; all outpatient services and day treatment center.

Fairfax-Falls Church Mental Health Center Virginia Department of Mental Health and Mental Retardation 3340 Woodburn Road Annandale 22005 703, 532-4121	8:30 a.m. - 9:30 p.m., Mon. - Thurs., 8:30 a.m. - 5 p.m., Fri. Fairfax-Falls Church residents; sliding scale; all outpatient services.
South County Mental Health Center Virginia Department of Mental Health and Mental Retardation 7010 Calamo Street Springfield 22150 703, 451-1246	8:30 a.m. - 5 p.m., Mon., Weds., & Fri., 8:30 a.m. - 9 p.m., Tues., & Thurs. Fairfax residents south of Braddock Road; sliding scale; all outpatient services.
Prince William County Community Mental Health Center Virginia Department of Mental Health and Mental Retardation 9590 Surveyor Court Manassas 22110 703, 361-3101	9 a.m. - 5 p.m., Mon. - Fri. by appointment Prince William County residents; sliding scale; all outpatient services.
Loudoun County Guidance Center 18 North King Street, Room 208 Leesburg 22075 703, 777-2291	9 a.m. - 5 p.m., 9 a.m. - 9 p.m., Tues. Loudoun County residents; sliding scale; all ages; individual, group, and family therapy; psychological testing.
Alexandria Youth Hot Line 703, 548-3810	24-hour service Counseling and referral by volunteers with professional training.
Northern Virginia Hot Line 703, 527-4077	24-hour service telephone counseling and referral service.

Uptown House 2957 Upton Street, N.W. Washington 20008 202, 362-3452	No residence restriction; fees; residential home for ex-mental patients under professional care.
Woodley House 2711 Connecticut Avenue, N.W. Washington 20008 202, 265-1773	No residence restriction; sliding scale; residential halfway house.
Kalorama House The Richmond Fellowship of America 1831 Kalorama Road, N.W. Washington 20009 202, 387-6394	No residence restriction; sliding scale; transitional care and rehabilitation of the emotionally disturbed.
Raphael House 1305 Fern Street, N.W. Washington 20012 202, 726-0316	No residence restriction; sliding scale; residential care for ex-mental patients.
Anchor House 1212 Monroe Street, N.E. Washington 20017 202, 832-5555	No residence restriction; fees; residential halfway house for former mental patients.
Mrs. Gloyd's Halfway House No. 1 Lawrence Court Rockville 20850 301, 762-3419	No residence restriction; fees; residential, must be under constant professional care.
Rehabilitation Research and Training Center The George Washington University Medical Center, Room 2362 N 901 - 23rd Street, N.W. Washington 20037 202, 331-6875	8:30 a.m. - 4:30 p.m. No residence restriction; fees; any patient who requires special services to return to work, including work supervision, homemaking, or to become independent of the assistance of others in meeting daily needs; comprehensive multidisciplinary evaluative and rehabilitative services to patients referred by State and voluntary agencies and physicians.
Recovery, Inc. 202 Melvin Avenue Annapolis 21401 301, 685-0525, x 62 Post Office Box 852, Ben Franklin Station Washington 20044	No residence restriction; a system of self-help aftercare for nervous and former mental patients.

Men's Social Center Salvation Army 526 First Street, N.W. Washington 20001 202, 347-8023	7 a.m. - 10 p.m. No residence restriction; no fees but participants asked to take part in work programs of the center; rehabilitation for homeless, unattached men.
Vocational Adjustment Clinic 1717 Rhode Island Avenue, N.W. Washington 20036 202, 347-1295	8:30 a.m. - 5 p.m. No residence restriction; fees; sheltered workshop of the Anchor Mental Health Association that returns emotionally ill adults and adolescents to a position of independence in the community.
Anchor Mental Health Association Social-Recreational Center 1018 Monroe Street, N.E. Washington 20017 202, 832-5751	10 a.m. - 3 p.m. No residence restriction; mental hospital patients and ex-mental patients; arts and crafts, grooming and posture exercises; discussion of work problems and current events, menu planning, shopping and lunch preparation.
D.C. Bureau of Rehabilitation Services 122 C Street, N.W. Washington 20001 202, 629-4255	8:15 a.m. - 4:45 p.m. D.C. residents; no fee; ages 16 and over; supplemental maintenance; training, job placement, follow-up, counseling and guidance.
Saint Elizabeths Hospital William A. White Service Martin Luther King, Jr. Avenue, S.E. Washington 20032 202, JO2-4000	D.C. residents; Social service department offers home visits and follow-up for former patients.
St. Luke's House, Inc. 6211 Tuckerman Lane Rockville 20852 301, 530-4546	Maryland residents; sliding scale; adults, 18-65, who are recovering from mental illness; residential care as alternative to total hospitalization for those who need aftercare or alternative living arrangements in order to cope with their emotional problems.
Open Door-Mizell Cottage 10217 Frederick Avenue Kensington 20795 301, 949-1255	Montgomery County residents; no fee; a social and recreational center for former mental patients co-sponsored by the Mental Health Association of Montgomery County and the Recreation Department.

Montgomery County Vocational Rehabilitation Division Maryland State Department of Education Main Office (ages 21 and up) 255 North Washington Street, Room 405 Rockville 20850 301, 424-2440 Education Unit (ages 15-21) Martins Lane Rockville 20850 301, 424-2750	8:30 a.m. - 4:15 p.m. Montgomery County residents; no fee; mentally or emotionally disturbed but potentially employable; diagnosis, counseling, and guidance, vocational training, maintenance, transportation, and placement in employment.
Prince Georges County Vocational Rehabilitation Division Maryland State Department of Education Main Office (ages 21 and up) 5809 Annapolis Road, Room 306 Bladensburg 20710 301, 864-5678 Education Unit (ages 15-21) 3820-40th Avenue Brentwood 20722 301, 927-8966	8:30 a.m. - 4:15 p.m. Prince Georges County residents; no fee; former patients and families of patients, mentally and physically handicapped.
Comprehensive Aftercare Unit Family Service of Prince Georges County, Inc. 4410 Stamp Road Marlow Heights 20031 301, 423-4800	9 a.m. - 5 p.m. Prince Georges County residents; day center, social clubs and events, interest groups, such as crafts, music, drama, and news writing.
Outpatient Clinic Spring Grove State Hospital Wade Avenue Catonsville 21228 301, 747-4400	Prince Georges County residents.
Virginia Department of Vocational Rehabilitation 901 North Washington Street Alexandria 22314 703, 549-2730	8:15 a.m. - 5 p.m. Northern Virginia residents; no fee; over 16, under conditions established by laws governing Federal and State rehabilitation programs; guidance and planning, training, job placement, and rehabilitation.
The Social Center 7401 Leesburg Pike Falls Church 22043 703, 573-0448	10 - 12 a.m., 1 - 3 p.m., 8 - 10 p.m., Mon.; 10 - 12 a.m., 1 - 3 p.m., Tues.; 10 a.m. - 3 p.m., Weds.; 10 a.m. - 12 noon, 8 - 10 p.m., Thurs.; 10 a.m. - 2:30 p.m., Fri.; 2 - 4 p.m., Sat. Northern Virginia residents; nonprofit agency serves people with emotional problems, social activities for former mental patients.

Arlington Community Mental Health Center 1725 North George Mason Drive Arlington 22205 703, 558-2815	8:30 a.m. - 5 p.m. Northern Virginia residents; day treatment center and activities program.
Northern Virginia Mental Health Association 3260 Wilson Boulevard, Suite 23 Arlington 22201 703, 524-3352	9 a.m. - 5 p.m. Arlington, Fairfax, Loudoun, Prince William Counties, cities of Fairfax and Falls Church; no fee; social center for returned mental patients.
Medicare Claims Greater Washington Metropolitan Area 202, 484-9200	

State Alcoholic Authorities:

Detoxification Center
Department of Human Resources
619 N Street, N.W.
Washington 20001
202, 629-4068

Division of Alcoholism Control
State Department of Mental Hygiene
2305 North Charles Street
Baltimore 21208
301, 383-2784

Bureau of Alcohol Studies and Rehabilitation
Virginia State Department of Health
James Madison Building
109 Governor Street
Richmond 23219
703, 770-3083

North American Association of Alcoholism Programs
1130-17th Street, N.W., Suite 700
Washington 20036
202, 628-1585

Alcoholics Anonymous Intergroup
Headquarters
2660 Woodley Road, N.W.
Washington 20008
202, 332-1933

10 a.m. - 10 p.m. (seven days a week)
No residence restriction; no fee; information and counseling.

Northern Virginia Intergroup
Headquarters
3179 Wilson Boulevard
Arlington 22201
703, 524-7742

Washington Area Council on Alcoholism and Drug Abuse
1330 New Hampshire Avenue, N.W.
Washington 20036
202, 466-2323

9 a.m. - 5 p.m.
No residence restriction; no fee; education, information, and referral.

Salvation Army
Harbor Light Corps
909 Eye Street, N.W.
Washington 20001
202, 638-4532

5:30 a.m. - 10:30 p.m.
No residence restriction; no initial fee; charge for room and board when employed; spiritual program, food and shelter, alcoholic therapy.

The Volunteers of America National Capitol Area 525 Rhode Island Avenue, N.E. Washington 20002 202, LA9-1961 Halfway House for male alcoholics 1401 Ingraham Street, N.W. Washington 20011 202, RA3-7765	8 a.m. - 4 p.m., 8 a.m. - noon, Sat. No residence restriction; no fee; men live at home and work in the salvage and rehabilitation program at headquarters; religious services, counseling, room, board, clothes, and general care.
Melwood Farm Post Office Box 182 Olney 20832 301, 924-5000	No residence restriction; fees; inpatient facility with minimum four-week stay; rehabilitation for alcoholics under medical direction.
D.C. Mental Health Administration Rehabilitation Center for Alcoholics Occoquon 22125 703, 690-1544	D.C. residents.
Area B Community Mental Health Center Alcoholism Center 1808 Adams Mill Road, N.W. Washington 20009 202, 629-4762	8:15 a.m. - 4:45 p.m. D.C. residents; outpatient clinic, day treatment program, and two halfway houses.
Division of Alcoholism and Drug Abuse Psychiatric Institute University of Maryland 721 West Redwood Street Baltimore 21201 301, 528-6570	Maryland residents; fees; minimum age 18; group therapy for alcoholics.
Alcohol Information Center for County Montgomery County Health Department 12701 Twinbrook Parkway Rockville 20852 301, 279-1631; after office hours, 588-5448	8:30 a.m. - 5 p.m. Montgomery County residents; sliding scale; medication, diagnosis, and treatment at 2 clinics and 3 halfway residential care centers for men, one quarterway house, and New Hampshire House for women.
The Alpha Club 8510 Colesville Road Silver Spring 20910 301, 587-9699 8915 Colesville Road Silver Spring 20910 301, 589-9619	Montgomery County residents; sliding scale; residences for male alcoholics; job therapy, individual and group counseling.

Prince Georges County Alcoholism Center Bureau of Mental Health Prince Georges County Health Department 9015 Rhode Island Avenue College Park 20740 301, 345-3252	8:30 a.m. - 4 p.m., 9:30 p.m., Mon. & Thurs. Prince Georges County residents; sliding scale; individual and group therapy, walk-in clinic at 5620 St. Barnabas Road, Oxon Hill, on Tues. and Weds., information and referral.
Alcoholic Rehabilitation Unit Spring Grove State Hospital Catonsville 21288 301, 747-4400	Prince Georges County residents; alcoholic adults.
Division of Alcoholism Services for Fairfax County Bureau of Alcohol Study and Rehabilitation 8503 Lee Highway Fairfax 22030 703, 573-0510	9 a.m. - 5 p.m., 9 p.m., Mon. Fairfax, Loudoun, and Prince William Counties; $5 a visit; all outpatient services, including counseling children of alcoholics.
Arlington Community Mental Health Center 1725 North George Mason Drive Arlington 22205 703, 558-2815	8:30 a.m. - 5 p.m. Arlington County residents; alcoholic clinic activities and day care programs.
Division of Alcoholism Services Alexandria Health Department 517 North Saint Asaph Street Alexandria 22314 703, 683-6677	9 a.m. - 5 p.m., 7:30 - 10:30 p.m., Weds. by appointment; $5 for first visit and then no fee for group therapy.
Alexandria Center for Alcoholism 101 North Columbus Street, Suite 212 Alexandria 22314 703, 683-1906	9 a.m. - 5 p.m. Alexandria residents; no fee; counseling and referral, information and education.

MISCELLANEOUS SERVICES
GREATER WASHINGTON METROPOLITAN AREA

Aging:

Barney Neighborhood House 3118-16th Street, N.W. Washington 20010 202, AD2-1354	Recreation program.
D.C. Department of Public Recreation 3069 Mt. Pleasant Street, N.W. Washington 20009 202, 629-7338	Education and recreation program.
East-West Senior Citizens Center 1041 New Jersey Avenue, N.W. Washington 20001 202, 628-8592	1:30 - 5 p.m. Recreation center.
Lutheran Social Services of the National Capitol Area, Inc. 2635-16th Street, N.W. Washington 20009 202, 232-6373	8:30 a.m. - 4:30 p.m. No residence restriction; involvement of retired persons service, volunteer work, workshops, retirement counseling.
Family and Child Service of Washington 929 L Street, N.W. Washington 20001 202, 232-6510	Protective services for the aged.
Multipurpose Senior Center 25 K Street, N.E. Washington 20002 202, 737-1286	8:30 a.m. - 5 p.m.
Columbia Senior Center 3500-14th Street, N.W. Washington 20010 202, 483-1480	8:30 a.m. - 5 p.m.
Goodwin House 4800 Fillmore Avenue Alexandria 22311 703, 578-1000	A 249-unit highrise apartment building for older persons sponsored by the Episcopal Church. No residence, racial, religious, or church affiliation restrictions; any person or married couple, ambulatory and in good health, over 65 years of age, is eligible. Meals, weekly maid service, linens, utilities, recreation facilities, and nursing care, in exchage for a Founder's Gift and a monthly maintenance fee. Fellowships are available for communicants of the Episcopal Diocese of Virginia.

Friends House 17340 Quaker Lane Sandy Spring 20860 301, 924-5100	No residence restriction; fees; open to all without regard to race or creed; a residential community for persons 62 years of age or older; residents must be able to care for own needs and are required to eat dinner in the central dining room.
Homemaker Service of National Capitol Area 1825 Connecticut Avenue, N.W. Washington 20009 202, 387-6500	Metropolitan Area; sliding scale; trains and places homemakers in homes of the aged to help them get on their feet.
Over-60 Counseling and Employment Service Montgomery County Federation of Women's Clubs 4700 Norwood Drive Chevy Chase 20015 301, 652-9339	9 a.m. - 3 p.m. Over-60 citizens from Maryland and the District; no fee.
214 East Diamond Avenue Gaithersburg 20760 301, 926-0119	10 a.m. - 12 noon, Tues. & Thurs.
1000 Forest Glen Road Silver Spring 20910	1 - 3 p.m., Tues. & Thurs.
Office of Services to the Aged D.C. Department of Human Resources 122 C Street, N.W., Room 805 Washington 20001 202, 629-3981	8:15 a.m. - 4:45 p.m. Administers D.C. Older Americans Act Program.
Meals on Wheels of the Greater Washington Area 202, 434-1922	Call to arrange interview; well balanced meals for the elderly or disabled at cost fee.
Northern Virginia Mental Health Association 3260 Wilson Boulevard, Suite 23 Arlington 22201 703, 524-3352	9 a.m. - 5 p.m. Arlington, Fairfax, Loudoun Counties and cities of Fairfax and Falls Church; offers telephone reassurance program for the elderly.
Senior Adults Employment and Counseling of Arlington 300 North Park Drive Arlington 22203 703, 558-2280	9:30 a.m. - 12:30 p.m. Arlington County residents; (some exceptions made for McLean and Vienna residents who can provide own transportation).

Senior Citizens Employment Service
220 North Washington Street
Alexandria 22314
703, 836-4414

9 a.m. - 4 p.m.
Alexandria residents and part of Fairfax County; information and referral, discount program for over-60.

Employment Security
D.C. Manpower Administration
500 C Street, N.W.
Washington 20001
202, 393-6151

8:30 a.m. - 4:30 p.m.
no fee; senior citizens community service program; furnishes 20 hours a week employment to the over 55.

Autistic Children:

American Foundation for Autistic Children
4510 Cumberland Avenue
Chevy Chase 20015
301, 656-9213

Therapeutic training of autistic children of all ages; counseling and training for parents; training for professionals and lay personnel to work with autistic child; research and information.

National Society for Autistic Children
621 Central Avenue
Albany, New York 12206
518, 438-5939
Maryland State Chapter
10609 Glenwild Road
Silver Spring 20901
301, 593-1458
Montgomery County Chapter
10407 Brookmoor Drive
Silver Spring 20901
301, 593-6956
Prince Georges County Chapter
2808 Federal Lane
Bowie 20715
301, 262-9197

Family Services:

Family and Child Service of Washington
929 L Street, N.W.
Washington 20001
202, 232-6510

8:30 a.m. - 5 p.m.
D.C. residents; sliding scale; information and referral, family and individual counseling, placement of children, family day care, camping, adoption services, and some financial aid.

Family Service of Montgomery County 350 Hungerford Drive Rockville 20850 301, 762-0300	9 a.m. - 9 p.m., Mon. & Weds. 9 a.m. - 5 p.m., Tues., Thurs., & Fri. Montgomery County residents; sliding scale; casework, individual, family, and group counseling, family life education.
Family Service of Prince Georges County 4318 Hamilton Street Hyattsville 20781 301, 277-1610 4410 Stamp Road Marlow Heights 20031 301, 423-1600 7123 George Palmer Highway Seat Pleasant 20027 301, 925-8610 517 Main Street Laurel 20810 301, 498-3810	9 a.m. - 5 p.m., Tues., Fri., & Sat. 9 a.m. - 9 p.m., Mon., Weds., & Thurs. Prince Georges County residents; sliding scale; individual, group, and family therapy, marriage and child-parent counseling.
Northern Virginia Family Service 803 West Broad Street Falls Church 22046 703, 533-9727	9 a.m. - 5 p.m., Tues., Thurs., & Fri., 9 a.m. - 9 p.m., Mon. & Weds. Northern Virginia residents; sliding scale; casework, individual and family counseling.
Institute of Marriage & Family Relations 4200 Daniels Avenue Post Office Box 365 Annandale 22003 703, 941-5700 431 North Frederick Avenue Gaithersburg 20760 3000 Connecticut Avenue, N.W. Washington 20008	8 a.m. - 9:30 p.m., Mon. - Sat. sliding scale; individual, group, and family therapy, psychological evaluation, communication improvement, family education.
The Formerly Married Society, Inc. 1028 Connecticut Avenue, N.W., Suite 707 Washington 20036 202, 833-3636	Answering service; will mail information on activities on request.
Parents Without Partners, Inc. 202, 638-1320	Answering service; will mail information on request.
Planned Parenthood, Inc. Main Office and Clinic 1109 M Street, N.W. Washington 20005 202, 387-8787	9 a.m. - 4 p.m., 6 p.m., Thurs. sliding scale; call for appointment; contraceptive service; infertility advice, premarital counseling, abortion counseling, education for

Planned Parenthood, Inc. (Continued) Montgomery County Office 11141 Georgia Avenue Wheaton 20902 301, 933-2300	marriage.
Florence Crittenton Home 4795 Reservoir Road, N.W. Washington 20007 202, 333-3600	No residence restriction; sliding scale; residential home and hospital for unwed mothers, also residential treatment center for girls with adjustment problems, ages 13-18.
Legal Aid:	
Legal Aid Society of D.C. 666-11th Street, N.W., Suite 300 Washington 20001 202, 628-1161	10 a.m. - 3 p.m., Mon. - Thurs. Registration charge; legal service; consultation to persons unable to afford service of a private attorney in civil cases.
Neighborhood Legal Service Project 666-11th Street, N.W., Suite 335 Washington 20001 202, 628-9161	9 a.m. - 5:30 p.m. D.C. residents; no fee; aid in civil cases.
Lawyer Referral Service of the Bar Association of D.C. 1819 H Street, Suite 300 Washington 20006 202, 223-1484	10 a.m. - 12 noon, 2 - 4 p.m. Sets up appointment with attorney, individual arrangement for additional services.
Montgomery County Community Action Committee 14 South Perry Street Rockville 20850 301, 279-1245	8:30 a.m. - 5 p.m. Montgomery County residents; no fee; information and referral, transportation, job placement and follow-up, employment counseling.
Lawyer Referral Service of the Montgomery County Bar Association 27 West Jefferson Street Rockville 20850 301, 762-5242	9 a.m. - 12 noon, 1 - 3 p.m. fees; referral service.
Juvenile Aid Section Montgomery County Police Department Georgia Avenue and Randolph Road Wheaton 20902 301, 946-7900	24-hour service Children in trouble with the law.

Legal Aid Bureau of Prince Georges County 5012 Rhode Island Avenue, Room 3 Hyattsville 20781 301, 277-1180 2722 Sansbury Road Upper Marlboro 20870 301, 336-8181 13108-11th Street Bowie 20715 301, 262-5548	9 a.m. - 5 p.m. Prince Georges County residents; no fee for those who qualify.
Alexandria Legal Aid Society 220 North Washington Street Alexandria 22314 703, 750-6438	9 a.m. - 4 p.m. Alexandria residents; no fee for those who qualify.
Arlington County Lawyer Referral Service Arlington County Bar Association 1400 North Court House Road Arlington 22201 703, 558-2244	8 a.m. - 5 p.m. Arlington County residents; no fee for those who qualify.
Fairfax County Lawyer Referral Service Fairfax County Bar Association 4000 Chain Bridge Road Fairfax 22030 703, 273-5844	9 a.m. - 5 p.m. Residents of Fairfax County and cities of Fairfax and Falls Church; no fee for those who qualify.
Medical Societies:	
Medical Society of the District of Columbia 2007 Eye Street, N.W. Washington 20006 202, 223-2230	8:30 a.m. - 4:45 p.m.
Montgomery County Medical Bureau 8634 Colesville Road Silver Spring 20910 301, 587-8555	24-hour service.
Montgomery County Medical Society 2446 Reedie Drive Wheaton 20902 301, 949-4400	9 a.m. - 5 p.m.
Nursing Services Montgomery County Health Department University National Bank Building 611 Rockville Pike Rockville 20852 301, 279-1636	8:30 a.m. - 5 p.m. Montgomery County residents; sliding scale; provides nursing care and treatment with approval of physician.

Arlington County Medical Society 4615 Lee Highway Arlington 22207 703, 528-0888	8:30 a.m. - 4:30 p.m.
Fairfax County Medical Society, Inc. 200 Little Falls Street Falls Church 22046 703, 532-0500	9 a.m. - 4:30 p.m.

Poison Control:

Poison Control Center 2125-13th Street, N.W. Washington 20009 202, 835-4080	24-hour service Metropolitan area.

Suicide Prevention:

Mental Health Consultation Service and Suicide Prevention 801 North Capitol Street Washington 20001 202, 629-5222	24-hour service No residence restriction; no fee; referral and information.

Training:

Metropolitan Mental Health Skills Center The Washington School of Psychiatry 1610 New Hampshire Avenue, N.W. Washington 20009 202, 387-3339	No residence restriction; fees with some scholarships available; seminars, workshops, and in-service training for staff and volunteers without professional training in mental health who work in a direct helping relationship to others.

Ambulance Services:

District of Columbia 202, 462-3322 or 911	Arlington 703, 527-8900
Montgomery County 301, 424-3111	Fairfax 703, 691-2233
Prince Georges 301, 864-1122	
Alexandria 703, 549-5100	

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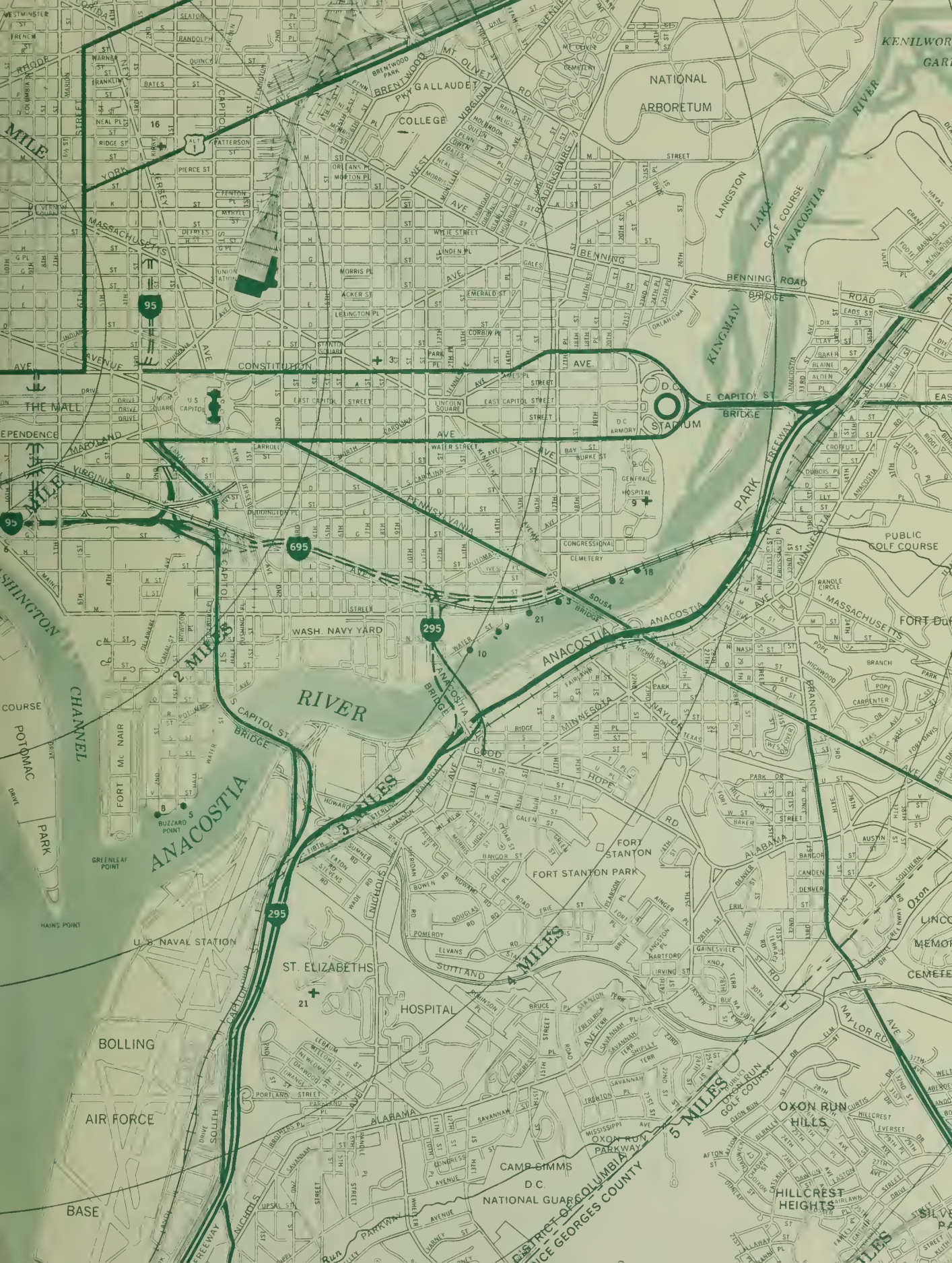
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OXON RUN PARKWAY
OXON RUN GOLF COURSE
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DISTRICT OF COLUMBIA
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